



Group Fitness at Shaw 2011



Monday

Tuesday

Wednesday

Thursday

Friday

Lunch BOOT CAMP
Mondays 12:00-1:00pm
Taunya Loeppky

Lunch BOOT CAMP
Wednesdays 12:00-1:00pm
Taunya Loeppky

Evening BOOT CAMP
Mondays 5:30-6:30pm
Taunya Loeppky

Evening BOOT CAMP
Wednesdays 5:30-6:30pm
Taunya Loeppky

Pricing Per Month

Drop-ins \$20

Prepaid Classes:

- 1 Month Commitment - 1 class per week \$72, 2 classes per week \$145
- 3 Month Commitment - 1 class per week \$64, 2 classes per week \$129
- 6 Month Commitment - 1 class per week \$52, 2 classes per week \$105
- 12 Month Commitment - 1 class per week \$44, 2 classes per week \$89
(prices do not include HST)



For more information and to sign-up, please visit www.precisionathletics.ca. All prices above are subject to taxes.

NOTE: Space is limited. All class sizes are limited to 10 people.

Precision Athletics Inc. makes every effort to offer all clients equal access to the limited spaces in group fitness classes. Reservations will not be accepted without full payment, full payment is due at the time you sign up. By signing up for a group fitness class you must pay for all classes including HST. A full refund (less \$10 cancellation fee) is available up to 7 days prior to the start of the class. Refunds are not available less than 7 days prior to the start of the class. If you miss a class you do not get a refund nor can you drop-in to another class without paying the drop-in fee. Reservations are not accepted for drop-in participants, drop-ins are only available if space is available and payment of the drop-in fee is due prior to the start of the class. This policy is in place to ensure Precision Athletics can continue to offer a high quality group fitness program where all clients have access to the often high demand for participation in group fitness classes.

For more information:

www.precisionathletics.ca